

A Peace of My Mind















*some jobs
feed the belly...*

*...and some jobs
feed the soul*



WHAT DOES
PEACE
mean TO
YOU?

apeaceofmymind.net





ALL IN THE
NAME OF
THE
REPUBLIC
OF THE
UNITED STATES



















RG
REACTY

FOR SALE
See Description
982.220.8878

SOLD



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Extraor

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Central MN

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NICODEMUS

ESTABLISHED 1877



BBQ CHALLENGE JUDGE



ERNESTINE'S
BAR-B-Q COOK-OFF
CHALLENGE
June 30, 2012 - Nicodemus, Kan

NICODEMUS, KS
EST 1877



will work for peace

www.apeaceofmymind.net













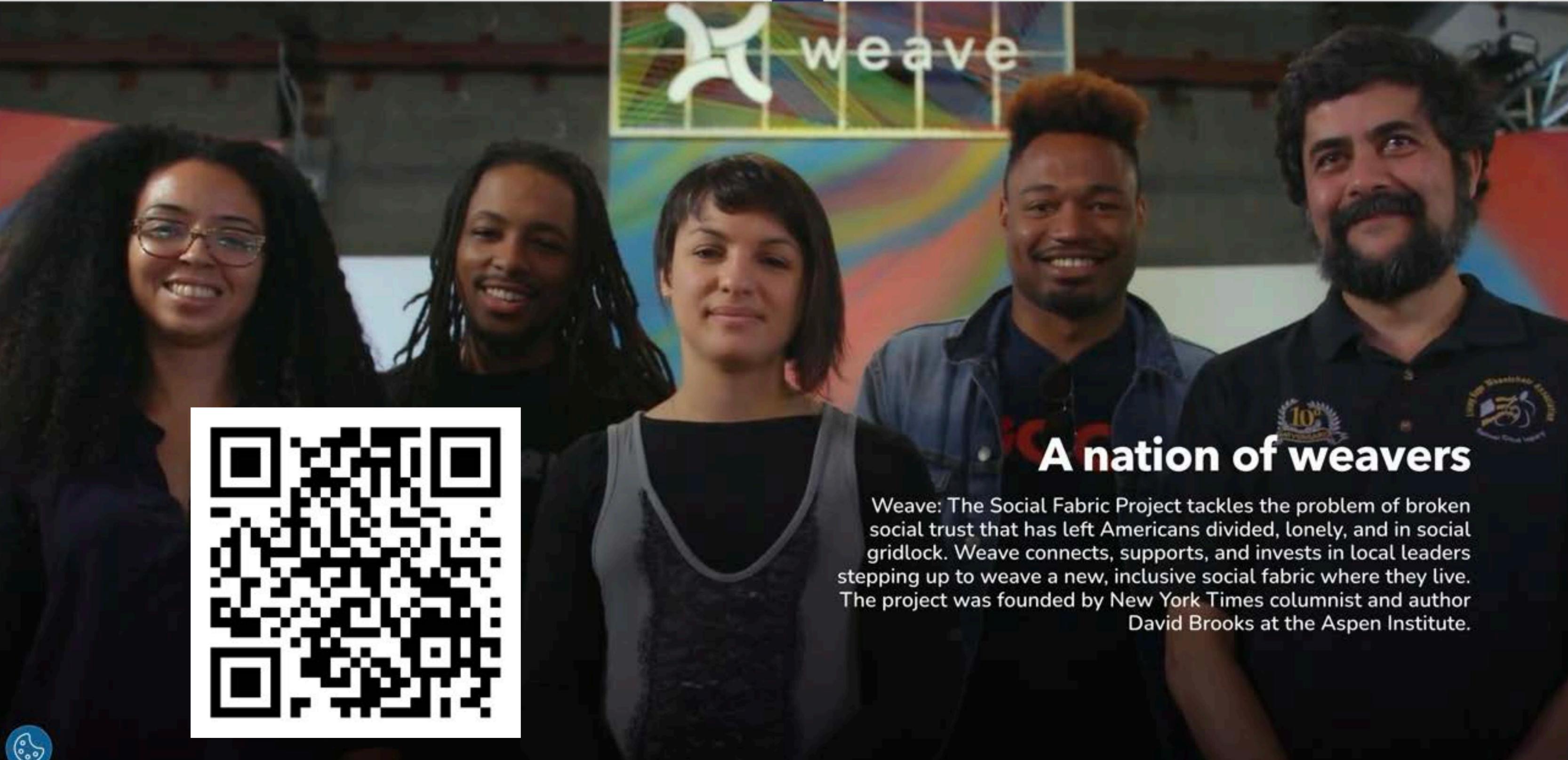
John
Noltner

Lessons on the Road to PEACE

Lessons on the Road to PEACE

Photographs
and text by
John Noltner





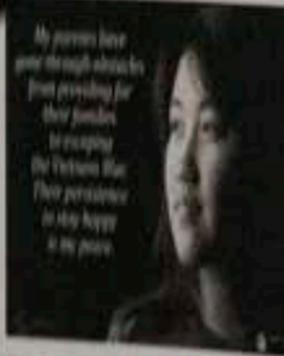
A nation of weavers

Weave: The Social Fabric Project tackles the problem of broken social trust that has left Americans divided, lonely, and in social gridlock. Weave connects, supports, and invests in local leaders stepping up to weave a new, inclusive social fabric where they live. The project was founded by New York Times columnist and author David Brooks at the Aspen Institute.



Project rooted in listening
from you
your thoughts or a message
on all of our social media platforms,
tag [@myproject](#)

My parents have
gone through a great
"a great
of peace."
Wesley Center for
Spirituality, Service
and Social Justice,
Harvard University



There is an
African proverb
that says
you should listen
before you speak.
With every challenge
we become stronger.
We must
challenge ourselves
to listen.

◀ "What is the
unique opportunity
or challenge of talking
about race at this
moment in history?"
—Everyday
Democracy

▶ "What have you
learned about the
precious nature of life?"
—Walter's Warriors,
Project Secretary

I would
never like the
only answer,
then you're asking
the wrong question.
I've learned
to enjoy
life again.



I listened
the first or you
when you tried
to get close.
But you set there
and waited and listened.
And when I
kicked the door
you did your heart
under me.

◀ "Tell me a time
when someone
reached across a
divide to build healing."



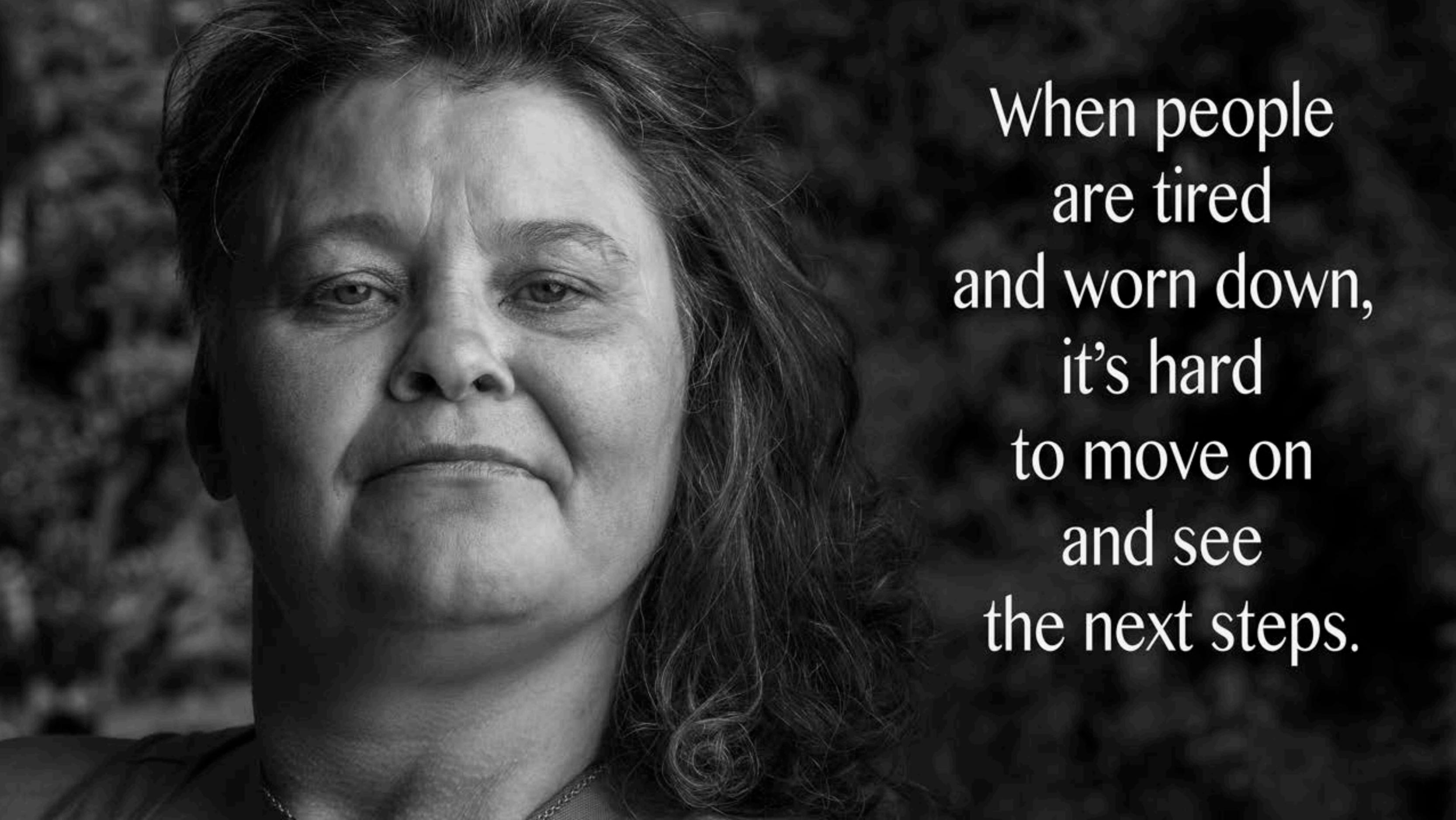
*What do you want
the world
to understand?*

Remember times
that preconceptions
were wrong.

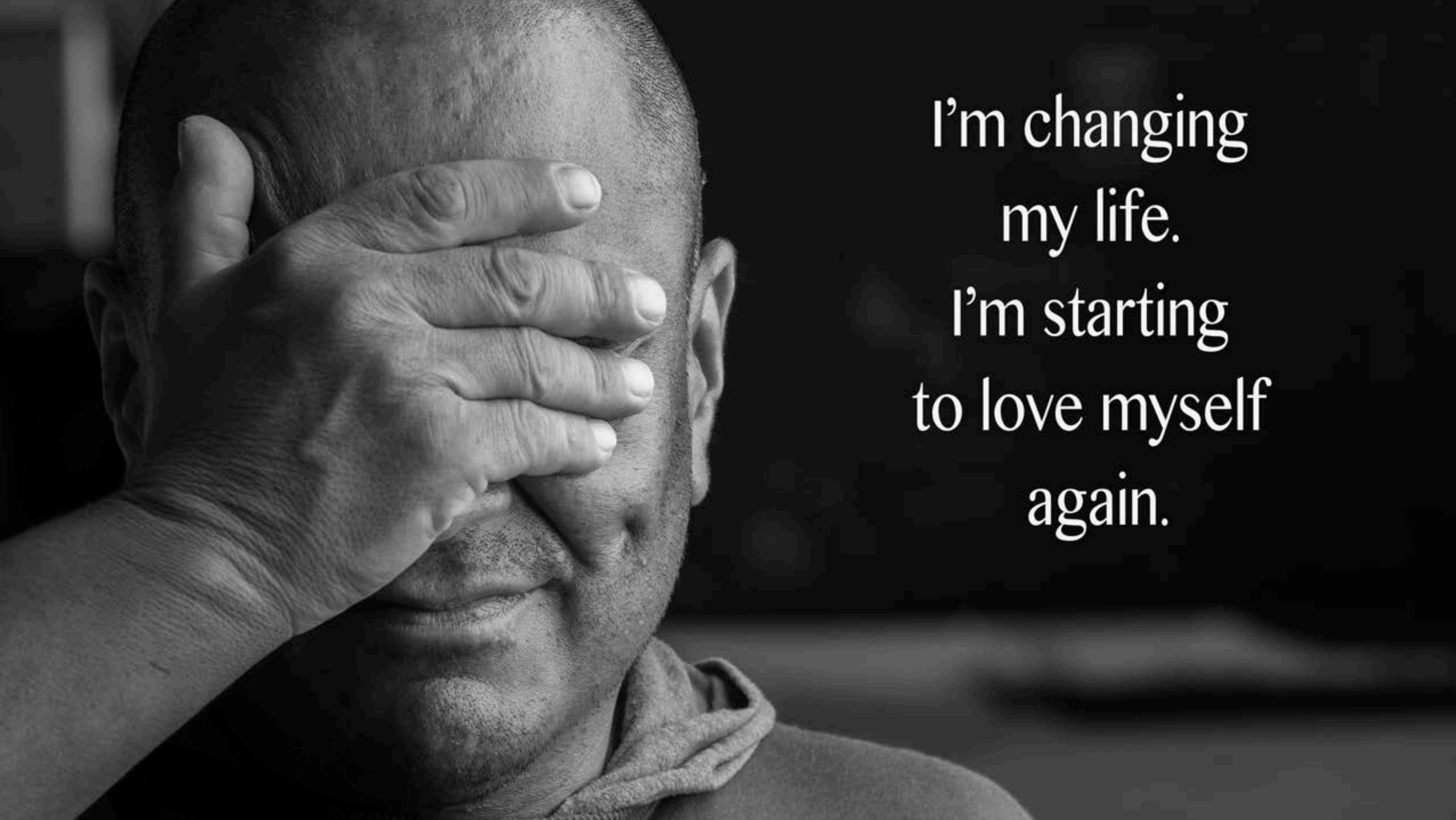
There are times
I have been certain
I knew the answer.

Then I learned
a new truth.





When people
are tired
and worn down,
it's hard
to move on
and see
the next steps.



I'm changing
my life.
I'm starting
to love myself
again.

We're all
going to
make it.



*When have you found
unexpected courage?*



I became sober
to heal my mind
and my spirit
and to be
a provider
for my family.



I've turned pain
into wisdom,
guiding others
with compassion
and truth and
choosing authenticity,
peace, and truth
over fear.



I found
unexpected courage
in realizing that
it was not my life
that I wished to end,
but the way in which
I was living.



Trauma doesn't
define you.
You may feel
lost and alone
but you are not
broken.
If you are alive,
hope lives
and healing can follow.

*In times that can feel
especially divided,
what's something
you have done
— or could do —
to build community?*



get uncomfortable



get uncomfortable

aim high



aim high

look for solutions



look for solutions

stay at the table



stay at the table

forgive





forgive



A Peace of My Mind

Rediscover what
connects us.

