



THE Potluck PROJECT

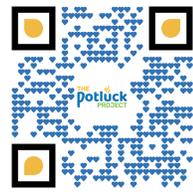
Sign up for our newsletter!



Sign-up here for our weekly newsletter where we share blog posts from various authors, upcoming opportunities, and connections to resources for gathering neighbors and growing trust across our communities.

Host your own Potluck!!

Use this QR code to access our Potluck Project toolkit with all the resources you need to plan and host a successful potluck. When you download the toolkit you will find sample invitations, a suggested event agenda, tips for planning an event, and more!



Watch Challenge 2.0!



Find us on YouTube to view a media program that brings together folks of various wisdom traditions to share their personal experience, expertise, and challenges we are working to overcome as a community



No politics, no policy, no debates – just neighbors meeting neighbors

Learn more about Paths to Understanding

PATHSTOUNDERSTANDING.ORG

Standing together for a brighter future!

Agenda

- Welcome
- Why a Potluck for Democracy and Orientation
- First Conversation
- Grab some refills!
- Second Conversation
- Sharing Our Experience
- Sharing our Pedagogy & Theory of Change

Norms for Sharing

- We are telling our own *personal* stories.
- Only use *I statements* and share about your own personal stories and experiences.
- Monitor your use of time, ensuring all have time to speak.
- You can pass and we will come back to you when you are ready.
- We are here to listen and build understanding, this is a space free of judgement and full of courage.

First Conversation

- Share your name.
- Share a few sentences about the tradition(s)/culture(s)/communities that you are a part of.
- What is your favorite dish or meal from your family/community traditions?
- What is something that is currently life-giving, bringing you things like joy and energy, and/or life-taking, bringing you things like sadness and tiredness?

Second Conversation

- Tell a short story about a time when you meaningfully connected with another person.
- How do you and your family most enjoy connecting to others and participating in the life of your community?
- Share a value that is meaningful to you and tell a short story that helps others understand why it is important.
- What are your dreams for our shared community?